



Report of Progress - Attainment of Competency

CONFIDENTIAL

Individual Served: **Young Female**

Date of Birth: **7-4-2003**

Age: **16.6 years**

Date of Report: **3-1-20**

Brief Introduction

Young Female is a young lady with a recent history of extreme behavioral maladjustment – leading to involvement in the juvenile justice system. She was hospitalized twice in June of 2019 due to self-induced malnutrition and then refusing of medication. Young Female has a history of trying to attempt self-harming behaviors four times from 2016 to 2019 and two times attempting to harm others that caused legal involvement, from 2017 to 2019. The most recent behaviors occurred in July when Young Female first jumped in front of a moving car trying to get to a family member, then a week later threatened to harm her Aunt. She was subsequently detained at the Marion County Juvenile Detention Center.

Young Female transitioned from the Juvenile Detention Center to the Children's Neuro-Psychiatric Crisis Center (CNPCC) at Damar on 10-28-19 for stabilization and assessment services. After acute stabilization through CNPCC services, she transitioned to Damar's residential program on 12-23-19 for ongoing treatment of her aggressive/unpredictable behaviors toward self and others.

In August of 2019, Young Female was referred for competency evaluation by Dr. Ann Lagges at IU Health. Due to interfering mental health symptoms, she was judged at that time by Dr. Lagges to not be competent to stand trial.

A comprehensive risk and psychological evaluation completed by Dr. Dalton in September of 2019 indicates that Young Female struggles with symptoms of Psychosis/Schizophrenia, Multiple Episodes, Currently Acute. Dr. Dalton noted that Young Female's acute psychotic symptoms were interfering with her ability to control her impulses, reason through situations, and participate in activities/decisions regarding the juvenile justice system as it relates to her defense.

Young Female is presently participating in residential treatment for her symptoms of psychosis/schizophrenia and is also participating in a competency Attainment program.

Competency Attainment – Review

Best practice Competency Attainment at Damar follows a research-based protocol for children/adolescents.

Phases of Attainment Training follow a linear Sequence – building upon skills learned and applying previously learned skills to new content/skills.

1) Preparation for Attainment (Prerequisite for Successful Training)

The client's general intellectual and communication skills are assessed (e.g. can the individual communicate verbally, signs, gestures; can the individual tolerate the content and stress of the content; characteristics of trainers/staff that match the needs of the individual; assessing the setting in which Attainment occurs; establishing the pace of sessions, establishing trust and rapport, etc.)

Phase I is complete

2) Purpose of the Training

Review and understanding of charges, pleas, potential consequences

In Process – Progress Noted

3) Courtroom Personnel

Roles of the Judge, Prosecutor, Defense, Family, Bailiff, Court Reporter, alignments, supports, etc.

In Process – Progress Noted

4) Courtroom Proceedings

Trial, Pleas, who speaks, when to speak, etc.

In Process – Progress Noted

5) Communication With Attorney

Giving Testimony, Assisting with Defense

Expected to begin in March 2020

6) Tolerating Stress/Emotions

Predicting emotions, normalizing, establishing reactions, acceptable and unacceptable behaviors in the Court

Expected to begin in March 2020

7) Generalizing Learning to the Courtroom Setting

Expected to begin in late March 2020

Young Female – Competency Attainment Status

Training Start Date: 1-23-20

Review Dates: 2-17, 3-1-20

Training Phase: Purpose, Personnel, Proceedings

Obstacles to Competency Attainment

1. Stabilization of Mental Health Status – Primary Obstacle
2. Practical and Sustained Application of Information – Secondary Obstacle

Summary

Young Female appears to be making progress in the program. Prior to admission to Damar's CNPCC program, it was reported that Young Female did not consistently take her medication and would refuse. Nursing has reported that Young Female is currently taking all psychotropic medication regularly without refusal. This also includes her Risperdal Consta 12.5mg injections every two weeks. When Young Female transitioned to Damar's residential program, she initially had difficulty getting along with peers and was attempting to be aggressive. However, the treatment team made the choice to move Young Female to another unit that was more appropriate. Since the move, Young Female's behavior has changed and she has more appropriate interactions with peers. Young Female recently had a CFTM take place in which her mother and aunt attended. Young Female and her mother have started in family therapy through Damar's program.

Prognosis for Attainment

By the end of March 2020 – it will be known if Young Female is responding adequately to competency training. Optimum assistance and matching and preparation are occurring – and attempts to move to the next phase/module are underway.

Recommendations

1. Continue Attainment of Competency Trials/Attempts/Training through March of 2020. If successful, continue Attainment program.
2. Competency Training and treatment for Emotional/Behavioral/Social Impairment should be considered separately in term of Young Female's needs and opportunities. As noted, Young Female's progression in treatment for her Emotional/Behavioral/Social Impairment is appropriate and responsive.

Respectfully Submitted,

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